

Here is how, if you are **considering a career change** or are a **budding entrepreneur**, you can **reduce stress**, build empowering **habits** and have the **relationships and income** you want by aligning to your unique **Life Purpose**.



By Richard O'Neill

Let me ask you a question:

What if you could easily have at least \$100,000 income per year and be doing what you love ?

Or would you love to:

Work less than 30 hours a week
and have an Income from what
you love to do

Well guess what?

You're in the right place

Who this is for:

- You, if you want higher paying work or your own business doing what you love
- You, if you want to earn over \$100,000 pa
- You, if you want more and better holidays, without money worries.
- You, if you know there is a better way to live your life

Who this is NOT for:

- If you are stuck in a rut and don't want to change
- If you still love spending most of your time working hard...
- If you still love doing everything yourself and getting nowhere...

...then what I'm about to share is NOT for you

Why am I doing this?

I'm looking for like-minded individuals who want to:

- Transform their life
- Reliably generate over \$100,000 per year
- Do what they love
- Work less than 30 hours per week
- Enjoy a stress free lifestyle, confident about their future

I don't know if that's you yet – we'll see

In the next 45-minutes I'm going to show you:

- 1) The little-known secret that will **reduce Stress for clear decision making** in less than 5 minutes
- 2) The simple way to build and maintain **Habits that empower reliable income flow.**
- 3) Time proven secrets to create **Fulfilling Relationships for personal & business growth**

Here is why you need to know what I know:

- With more than 33 years in business, I've seen a lot come and go. I know what makes for success.
- Coach and Consultant in Business & Marketing to 100's of small and large businesses, owners & entrepreneurs internationally.
- Creator, Author & Inventor with international sales success
- Wholistic healing training and mind development with Aboriginal, Telepathy, Kinesiology, Bio-energetics, and Excellerated Learning Institute programs in Australia & Asia.
- Aboriginal organizations facilitation, leadership and consulting with Bush University, Land Councils and Australia wide.

Nothing for sale today

But if you stay until the end then I have a **\$497 gift** for you that will dramatically change your results when it comes to getting the income you want over \$100,000 per year and a way to have all your questions answered for FREE

Are you doing things the hard way?

1. You're stressed by money worries and job uncertainty
2. Your relationship is in question, and lifestyle is at risk
3. You're frustrated that you can't stick to healthy habits
4. Your energy is scattered and you are feeling in a rut
5. You're not satisfied by your work or income and know you are worth more - you know there is a better way

It doesn't have to be this way

Let me tell you about the easier way:

- 1) You have confidence and certainty regarding your income
- 2) You love what you do and are seen as an expert in your niche, you get regular and positive feedback - you feel you have landed and are “on purpose”
- 3) Your relationships are strong and healthy
- 4) You have more free time than you dreamed was possible
- 5) You are earning over \$100,000 per year doing the work you love
- 6) You are planning a big well deserved holiday and know you are worth it

RESULTS ARE NOT TYPICAL...

I don't know you or your specific circumstances, or how you can implement these teachings. Hence any results I mention in this presentation are not typical.

It takes effort persistence and patience. There is always a chance that things will not work out.

I am not able to promise what results you can get from what I teach – Ultimately You need to decide and take action

Let me now reveal:

1) The little known secrets
that will **reduce stress for**
clear decision making in less
than 5 minutes.

Let me tell you an interesting story about Sally ...

Sally is a young mum who works during the day and picks up the kids in the afternoon after school.

Her job was pretty stressful and so when she picked the kids up she was carrying the stress from work, especially if she was sometimes running a bit late.

The kids were excited from school and their friends, but also carried a bit of stress from their day. So they would get home and then the kids demands are on Mum for her time and attention. This often added to her stress and it carried on till dad got home or even later.

Sally then discovered a simple stress release technique that she now practices sometimes several times a day

When she picks the kids up they all do it together in their garden or sometimes in a park on the way home.

Sally feels great, and she's really connecting with the kids and family in a more relaxed stress free way. The kids and dad use it as well, and it's become a bonding activity in their family.

Lesson 1 - The little-known secret that will **reduce Stress** for **clear decision making** in less than 5 minutes.

Here's how to do it:

- 1. Acknowledge stress exists & Decide to take Action**
- 2. Rub the palms of your hands together until warm**
- 3. Put the left hand** on your forehead and the right-hand on the back of your head – this is the Occipital bone.
- 4. Take a deep breath** and hold it until you feel a sigh coming, wait for it, then **let the sigh go**. Try it a few times to feel great



Now here is how to apply this in your situation:

- **Its like resetting an overloaded computer ...** Rub your palms together till warm, place your hands front and back of your head and wait for the “sigh” – that’s the stress-free reset
- **If you work in an office** you only need 5 minutes. Choose a spot preferably alone outdoors where you won’t be disturbed. Rub your hands, do the hold & take a deep breath. Feel the sigh and your body letting the stress go.

Here is another way to apply this lesson :

- **If you are going into a stressful situation** pre-plan your stress release session. Give yourself a little extra time before hand to do the exercise.
- You will release the stress and this will help you feel more centred and present.

Next :

2) The simple way to build and maintain Habits that empower reliable income flow.

Before I teach you how to do this, let me tell you a story ...

I have always loved to travel, and to be on the leading edge of things. I trained as an engineer, invented a device I exported, then built a business as export marketing and later business consultant. It was amazing – but not giving me the consistent income I wanted.

The problem was I had not developed the habits that maintained a strong income flow. I felt inadequate, guilty and shameful of my own failings. It also stopped me having the life I wanted, as I was always on a financial roller coaster.

Luckily a friend referred me to a **life changing training program**. It included weekly meetings with a Values & Vision process, so that I got very clear on what I really valued.

It also included a system for developing and maintaining HABITS that were particularly aligned to my Values and Vision – It made me feel inspired and on purpose !!

Now, my habits have enabled me to build a business serving hundreds of people, to have a wonderful partner, and the life I dreamed of.

Lesson 2 - Here is how you can build and maintain habits that empower reliable income flow.

1. Get clear on what You love, and what really inspires and drives You – ie Your values. It's hard to build and maintain habits for things you don't value.
2. Imagine Your ideal life – and create a Visual image of it as a drawing, painting or photos on a Vision Board – View it often, and feel your positive emotional connection to it. Emotion creates.
3. Decide on achievable habits that support your Values and moves you toward your Vision eg daily stretches, auto transfer 10% per week to your savings account, love your body (its yours forever), not judging people, be optimistic, embrace change, think Win-Win, do the sales calls, budget.

4. Take action daily – and increase your standards as you build the habits
5. Maintain a Habits Scorecard – eg write out your habits and tick them off daily as achieved. If a new habit, make it realistic, and aligned with your Values and Vision. Be Grateful and Acknowledge Yourself for your progress
6. Check in with a coach or mentor to keep you on track – Most High performers going anywhere have a coach. I use a great system to fast track and see clearly this whole process.

Now here is how to apply this in your situation:

- If you're a **Procrastinator**, here's how you can apply what I just taught you –
- Write down your top 6-10 values and rank them in order of importance
 - Mark in your diary a regular time each day to review your values, and see how your Habits move you toward or away from what you value
 - **Decide** which habits to emphasize and which to reduce
 - Use a **daily scorecard** or diary comment to **acknowledge your progress** – Be forgiving of your self as you build better, consistent habits – it's a process.
 - **Weekly, score your progress**, eg Score 7 /week for a habit done daily. Display your score with your Vision board and mentally reward yourself.

If you feel you have previously **failed at sticking to habits** and feel you're setting yourself up to fail yet again -

- Set easier targets ie Be conservative about what you will actually do
- Review your ingrained beliefs about money – eg needs hard work, limited supply etc . Aim to identify and clear any negative beliefs
- Acknowledge your achievements and be for-giving of yourself if you are not always on target. Be open to receive.
- Practice leads to mastery
- Have a coach clear any blockages, and keep you on track

And now I'd like to show you...

3. Time proven secrets to create
Fulfilling Relationships for
personal and business growth

Before I teach you how to do this, let me tell you about a time I spent in the outback Kimberley region of Australia with senior Aboriginal elders and what I discovered from that

The Kimberley in outback Australia is one of the most remote areas of Australia with pristine nature, spectacular waterfalls, mountain ranges, unique vegetation, and ancient Aboriginal culture. It is a sought after destination for explorers, adventurers, photographers and nature lovers.



I was on a journey of self discovery - to “know myself” – and the meaning of life. I had researched my Celtic family history, and was interested in Aboriginal culture.

I received an invitation to the Kimberley, to spend time with senior Aboriginal elders. I felt a great sense of pride in being invited. It felt on the edge and way out there, exciting and on purpose.

But I was coming with a problem, and that was a lack of trust of others and myself.

That lack of trust gave me a sense of uncertainty and lack of commitment and a feeling of incompleteness.

It also affected people that I might have a relationship with such as potential partners or business relationships.

What I experienced in the Kimberley was lessons from 40,000 years or more of sustainable Aboriginal culture, that had developed a deep understanding of relationships with all things - including people, partners, and the planet.

The Kimberley experience helped me see things from another point of view.

Previously, I'd see things from my point of view, with my filters and biases and patterns that us humans create subconsciously.

You might think you know how the world is, and then you see it from another's point of view and it can be a very different thing.

So when I got that understanding that it takes two aspects to enable the physical world to exist, it really changed the way I felt.

In reality, nothing exists unless there's two sides to it.

What I mean by this is that physical matter (or things that matter) can't exist, unless there are positive and negative forces keeping it together.

Your bodies atoms and molecules are held together by positive and negative charges. Every aspect of physical matter relies on two sides to give it structure.

What I brought back from the Kimberley was a feeling of wholeness, completion and groundedness.

And a great sense of wonder in connection with a much greater picture of the world and how I relate to it.

That has helped me understand things from another's point of view, and to develop more fulfilling relationships, by understanding and trusting myself, and by better understanding the other.

Lesson 3 – So Here are Time proven secrets to create Fulfilling Relationships for Personal and Business growth

My time in the Kimberley was a special opportunity and it changed my life, and my mindset. I saw it as highly relevant knowledge to today and for peoples survival on the planet.

NOTHING exists without relationships – including atoms and molecules, Your Body, your children, your home, your income or your future

What is valuable to be aware of, is what is in the space between the relating parties – Is there respect, love, appreciation or control, anger, frustration, fear, or something else?

Know also that your most important relationship is within yourself.

Lesson 3 – Here are the Time proven secrets to create Fulfilling Relationships for Personal & Business growth

1. Support the relationship purpose with truth & integrity
2. Understand and respect the environment eg know the local rules, expectations
3. See & hear the others point of view and understand their values, vision and needs
4. Use your intuition (by attention to your feelings – this is yin or feminine principle)
5. Relate and Act with clear intention (yang or masculine principle - no hidden agenda)
6. Be able to respond with clarity ie Be responsible for your own creation. No blaming.
7. Meet your commitments, and clear up mistakes promptly. Forgive others and yourself.
8. Focus on best outcome for all ie win/win – we are all creating life on Earth together

If you're wondering how you can use this, here's how:

If you are a **partner or parent** in a **relationship** be **supportive, open & truthful** to discuss your needs and really listen to understand theirs. What do you, and they really value, and need. No blaming. Commit to sharing common values. Clarify a shared vision you love eg kids? House? Holiday?

If you are considering **changing your career**, your **relationship with yourself** is key – but also Respect your other relationships. List the values you seek in a new career, as detailed as possible. Rank these in priority order. Understand your future organizations Values, Vision and needs, and its truthfulness in following these. Review their policies and protocols, and reputation in the market. Be open to opportunities, and be clear and truthful, so that both parties experience win/win. Trust your intuition.

If you are a **budding entrepreneur** remember you also have human needs. Your team and supporters want you healthy and balanced for best decision making. Create plenty of opportunity and a safe space for meetings to really Listen and recognize how your partner, team and supporters are going, and hear how they feel you are going.

Listen to your teams as products and markets may change. Value is created by solving a market need. Keep your agreements and communicate and clear any negativity as soon as possible if you are unable to maintain an agreement. Ensure win/win for investors and team.

When you are out on a limb, you may need their support

Now, I promised you that I'd teach you 3 things today:

- 1) The little-known secret that will **reduce Stress for clear decision making** in less than 5 minutes.
- 2) The simple way to maintain **Habits that Empower you for reliable income flow.**
- 3) Time proven secrets to create **Fulfilling Relationships for Personal and Business** growth.

So how did I do? ;-)

So I have taught you here that it is important to have a **Vision** that is aligned to your **Values** and that Inspires you, and that you will achieve Your Vision with **minimal stress** and **habits** that support you. Your **relationship** with yourself and others supports you and them to achieve a bigger win / win result, and gives you a life on purpose.

Your **Vision** and **Values** may change as the environment changes, so when you decide and take action to clarify and define your Vision and Values, it creates exciting new opportunities and growth.

Now here's the real opportunity that I see for you

We live in an age of massive change and opportunity. There are thousands of untapped niches where fortunes can be made. Statistics show that in 5 years, 50% of all jobs on earth will be gone. For example...

Disrupter organizations abound, like Uber that purchased 24,000 Volvo cars and converted them to driverless. What will drivers do now ?

Online business is exploding, and people are paid to work from home.

Coaching is one of the worlds fastest growing industries, with a long term growth trend.

Consulting in a niche of your specialty may also be a big opportunity

Here are 10 trends that will dominate our future –

all predictable, changing slowly with huge future impact - based on the book The Future of Almost Everything

- 1) The Fall of all technology and connectivity costs
- 2) Universal access to mobile web
- 3) 1 billion children alive in the world
- 4) Over 85% of humankind living in emerging markets
- 5) Growth of middle class consumers in emerging markets
- 6) Huge growth in life expectancy in most nations
- 7) Growth in global trade and corporate giants
- 8) Increased automation – factories, cars, offices, homes
- 9) Tribalism feeding radical extremists and terrorism
- 10) Search for purpose, sustainability and spiritual meaning

Now here's the real opportunity that I see for you

Real human connection is essential for health and vitality

Now, Your whole life has brought you to this moment

There is a bigger role for you, more aligned to your **Vision** and **Values**.

That role enables you to **add more Value** and **earn more Income**.

That role may be in a **new career** or as an **entrepreneur** or **business owner** supplying products in a way that inspires you – and gives you the time for the quality **relationship, income and lifestyle** you deserve

The good news is...

It's not about whether you have the complete ability to do this right now, **it's about** whether you can take one step now, and learn the rest as you go, with some help along the way.

What you need to WIN

You need the right Plan

You need the right Systems

And you need the right HELP

What now?

2 choices: You can click away and forget everything I've just told you

But it also means you go back to your old results

But if you really want things to be different, and to change your life in this area, then here is how I can help...

Congratulations!

Here now is the **\$497 gift** I promised you
at the start of this class

Would you like me to give you a plan to get the income you want over \$100,000 a year working less than 30 hours per week ?

I'm happy to help you **Clarify Your Vision, Values and Life Purpose, and Identify Your Unique Opportunities and Create the \$100,000+ Income Plan**

This way you'll be able to have a **consistent \$100,000+ income** without having to **spend long hours doing what you don't love.**

I offer this service because I'm a coach specialising in helping people considering a **career change** and **budding entrepreneurs** between 30 – 60 years old to get the income they want **over \$100,000** a year working **less than 30 hours per week.**

And there's a pretty good chance that you have a challenge with fine tuning your **Values aligned with your career or business path** right now, and in deciding **what actions to take to know it's the right choice.**

If you find that my way of solving this is valuable, you might want to become a client. **If this is the case, then my rates start at \$1700 per month.**

But let me make something very clear - please understand that **I'm not offering you a sales pitch in disguise.**

I promise not to pressure you or pester you in any way at all.

In fact, time is the most precious commodity of all. So if you feel I've wasted your time in any way, then **I'll immediately send you a copy of my eBook *"Creation Journeys – Your Path to Higher Value"* to compensate you.** And we part as friends.

Does this sound fair?

I have set aside some time in the next 48-hours to speak to **15-people only** about how you can apply these ideas to your life starting TODAY.

**Whatever your biggest problem
is, I know how to solve it**

On a 45-minute call, I will help you in 3 ways:

Firstly, I will talk to you about your biggest challenge right now

Secondly, I will help you solve it

Thirdly, I will set out a step-by-step plan as to how you can reach your end goal WITHOUT stress or money worries

Who is this for?

- You must be open to new ways of thinking.
- You must be willing to change the way you do some things.
- You must be able to take responsibility for your actions and your results

If you can say “yes” to all of this, then I’m happy to help you for FREE during a 45-Minute Strategy Call

If this sounds like you, then here’s what to do next:

Schedule a **Call** with me by simply clicking the link you now see.

Then afterwards you’ll see a form with a few questions about you and what you’re looking to accomplish.

Once I have that information, I can put a few things together that I know will help you:

- 1. Lock-in Habits that empower Your Health & Wealth**
- 2. Align Your Values & Vision for higher income**
- 3. Reduce Stress and empower your relationships**

CLICK THE BUTTON YOU SEE NOW

We have a 48-hour window available only for 15-people

On a 45-minute call, I will help you in 3 ways:

1. I will talk to you about your biggest challenge right now
2. I will help you solve it
3. I will set out a step-by-step plan as to how you can reach your end goal WITHOUT wasting time or costing more money

CLICK THE LINK BUTTON YOU SEE NOW

We have a 48-hour window available only for 15-people

Or visit: calendly.com/richardoneill